

ARTICLE V

Ten Pin Bowling Rules

The SOC Official Sports Rules and National Policies and Procedures shall govern all SOC Tenpin Bowling competitions. As a national sport program, SOC has created these rules based upon the American Bowling Congress (ABC) and the Women's International Bowling Congress (WIBC) rules for ten pin bowling competitions. ABC and/or WIBC rules shall be employed except when they are in conflict with the SOC Official Sports Rules and National Policies and Procedures. In such cases, the following sections outlining the SOC Official Tenpin Bowling Rules shall apply.

SECTION A

Official Events

1. Singles Competition
2. Doubles Competition (a doubles team consists of two participants)
3. Team Competition (a team consists of four participants)

SECTION B

Rules Of Competition

1. Athletes registered in all three bowling events shall be automatically entered in the "All Events"* competition.

***NOTE:** The "All Events" competition will be based upon the individuals' total scores from the singles, doubles and team events with handicap. For the "All Events" competition, the athlete placing first in each respective division (based upon their individual score) shall be presented with a medal.

2. Averages for provincial/national competitions must be determined at a club/and or house level based on a minimum of **thirty games**.
3. Athletes competing at National games must submit to the National Office the results from the provincial/territorial qualifier (ex. Provincial or territorial games), the average that the athlete registered with at the provincial/territorial qualifier (ex. Provincial or territorial games), plus the current season's average*. Should the athletes' current season's average be more than 10 pins higher or lower than the average that the athlete registered with at the provincial/territorial qualifier (Ex. Provincial or territorial games), current season's average shall be used as the qualifying average for National Games.

***NOTE:** The current season's average must be supported by an official League Record Sheet which is certified by the coach and/or instructor.

4. Handicapping for tenpin bowling events at a National Games will be 90% of the difference between the participant's entering average and the scratch score of 180. Handicaps will not be used in the singles event.

NOTE: If a bowler has an average better than 180, then the number 180 can be adjusted.

5. At National Games, only participants and officials will be allowed in the bowling area. The bowling area* shall be defined by the tournament officials. If participants require coaching they must leave the bowling area and speak with their coach in the designated coaches area outlined by the tournament officials.

***NOTE:** A "bowling area" usually constitutes the bowling lane, the scoring table and the adjacent seating area for the competing participant(s).

6. A participant in a wheelchair may bowl either from his/her wheelchair, from another chair, or from a self-supporting position.
7. An individual with a visual impairment may have their coach give them pre-delivery assistance. The coach and/or instructor may properly align the athlete, but can not assist in the delivery of the ball.
8. At a National Games, the participant shall bowl a maximum of six games per day throughout the regulation tournament format.
9. All athletes and coaches must be dressed uniformly and in proper bowling attire. Such attire includes a collared shirt, pants with a straight hemmed bottom (or skirt for females). In cases where athletes are competing in the warm summer months, hemmed shorts be allowed for comfort and safety. Denim, sweat pants, stir-up pants, spandex and hats shall not be permitted.